

# Research and Development

Bulletin, August 2018

## Safe effective care through research

A season of events has provided opportunities to raise awareness of research within the Trust. Thank you to everyone who's helped to plan, prepare for and support these events.

**Save the date:** North West Ambulance Service Health Fair  
Thursday 13<sup>th</sup> September, 10-1pm, Burnley Football Club

### Farewell to a valued colleague



Colleagues and family joined Linda Gregson, Deputy R&D Manager, at a party held to celebrate Linda's retirement after 43 years of NHS service with the Trust.

Linda supported a great many researchers and research studies whilst working in the R&D department. We are indebted to Linda for her contribution and service through the years.

### Doctor inductions



Members of the research team welcomed Foundation Year and Specialty Trainee doctors to the Trust, at their induction events on 26<sup>th</sup> July and 1<sup>st</sup> August.

Doctors in training play an important role in ensuring the success of ELHT research studies. The research team showed how doctors can support the research effort in the Trust, find out what studies are taking place and what research training is available. Over 180 doctors attended the events.

### In this edition

- NHS at 70
- Farzana runs for life
- Research at the festival of learning
- Fast for a day
- International Clinical Trials Day

### Contact us

For support and information on research at East Lancashire Hospitals NHS Trust, please contact:  
Research and Development (R&D) Department  
Level 3, Royal Blackburn Hospital  
Tel: 01254 733008  
Email: [research@elht.nhs.uk](mailto:research@elht.nhs.uk)

### Celebrating research at ELHT

If you'd like to include a story about your research, please contact:  
[hazel.aston@elht.nhs.uk](mailto:hazel.aston@elht.nhs.uk)

## NHS at 70

On 5<sup>th</sup> July, the women's health research team joined the Family Care Division to celebrate the 70<sup>th</sup> birthday of the NHS. A tea party was held in the Lancashire Women and Newborn Centre at Burnley General Hospital. The team displayed resources from the NIHR #70discoveries campaign, highlighting the contribution of women's health research to NHS treatment and care.



## Farzana runs for life



Congratulations to Farzana Patel for completing the Blackburn 5K Race for Life on 27<sup>th</sup> June, in aid of Cancer Research UK. Farzana completed the course "in 59 minutes, 43 seconds of running, jogging, walking and eventually crawling!" Farzana would like to thank everyone who generously supported her efforts. You can find out more on [Farzana's Race for Life fundraising page](#).

## Research at the Festival of Learning



The Research Communications Champions supported the Festival of Learning at Burnley General and Royal Blackburn teaching hospitals. The event was held to promote the learning opportunities throughout the Trust and at local colleges. The team were able to talk to people about the research training available, via e-learning, and find out more about people's aspirations and learning needs in relation to research. An even bigger event, including a learning awards ceremony, is planned for next year.

## I am not a Muslim but I will fast for a day



Two members of the research team supported Muslim colleagues during Ramadan. Research Nurses Andrew Hunnisett and Jill Fitchett experienced what it was like to fast for a day. Research Nurse Farzana Patel said, "During some of the hottest days in May two of my colleagues fasted with me in Ramadan. Thank you for being supportive and well done Jill and Andrew!!!"



## International Clinical Trials Day

All members of the research team worked together to celebrate International Clinical Trials Day with stands at Royal Blackburn and Burnley General Teaching Hospitals and visits to wards and departments across both hospitals. The event is held annually to help raise awareness of the benefits of health research and the opportunities to take part in research studies. New for 2018, with the generous help of Steve Whittaker, Trust Communications Officer, was a podcast featuring the work of Research Midwife, Bev Hammond, the clinical teams at

the Lancashire Women and Newborn Centre and researchers at the University of Central Lancashire. The podcast can be accessed on the [research pages of the Trust website](#). Our thanks go to everyone who supported the event.