

# Research and Development

Research bulletin, May 2019

## Safe effective care through research

### Jessica's story features in national campaign



East Lancashire Hospitals NHS Trust (ELHT) patient Jessica Corbally, who took part in the PIP (Pipelle for Pregnancy) study whilst receiving care at the Trust, features in a new National Institute for Health Research (NIHR) public awareness campaign.

The campaign 'Be Part of Research' encourages patients, carers and the public to get involved in health research. 'Be Part of Research' launched on 1<sup>st</sup> May in the lead up to celebrations for International Clinical Trials Day (ICTD).

Soon after the birth of her second child, Jessica took the time to talk about her experience of taking part in the PIP fertility study. Jessica's story has been highlighted on the new NIHR patient information leaflet.

### Harry's story highlighted on new NIHR 'Be Part of Research' website

The story of Harry Murdoch, a patient at ELHT who took part in research, has been included on the new NIHR ['Be Part of Research'](#) website.

Launched as part of the International Clinical Trials Day celebrations, the new website sign-posts patients to opportunities to take part in research, and other ways to get involved with and learn about research. The new website replaces the UK Clinical Trials Gateway.

Harry and his family's story of taking part in the Planet-2 research study at Burnley General Teaching Hospital also received coverage in local newspapers and the Trust's [Continuing Compassionate Care](#) publication last year.



We're extremely grateful to Jessica, Harry and their families for supporting research, and for volunteering to do so much to help raise awareness of the benefits of health research. Their generous contribution will help other patients to know that research is an option for their care.

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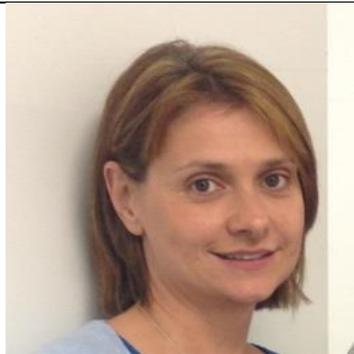
#### Contact us

For support and information on research at East Lancashire Hospitals NHS Trust, please contact the R&D Department  
Level 3, Royal Blackburn Hospital  
Tel: 01254 733008  
Email: [research@elht.nhs.uk](mailto:research@elht.nhs.uk)

#### Celebrating research at ELHT

If you'd like to include a story about your research, please contact: [hazel.aston@elht.nhs.uk](mailto:hazel.aston@elht.nhs.uk)

## New Team Lead for Women's and Children's Health Research Team



Bev Hammond has been appointed as the new Team Lead for the Women's and Children's Health Research Team.

Bev has worked within the team as a research midwife for the last 6 years and makes a huge contribution to the wider team in her role as a Communications Champion. Bev is also the Reproductive Health Research Champion for CRN Greater Manchester, liaising with colleagues nationally about potential new studies and the challenges to study recruitment across England.

Bev will take up her new post on 3<sup>rd</sup> June

## MiQuit study achieves high level objective

The ELHT Women's and Children's Health Research Team were delighted to hear that the MiQuit research study has recruited to time and target meeting its NIHR high level objective. The ELHT research team, have been working on MiQuit since December 2017 and 43 ELHT patients have taken part in the study.

Led by the Smoking in Pregnancy Research Office at The University of Nottingham, MiQuit aims to determine whether or not MiQuit, a text-message support programme, is effective when offered in addition to standard behavioural support for smoking cessation in pregnancy.

## NIHR CRN 2019-20 recruitment for ELHT

Following negotiations with the Clinical Research Network Greater Manchester, the recruitment target for ELHT for 2019-20 has been set at 1,775 patients. Although lower than last year, the target will still be challenging to achieve with many high recruiting studies no longer available this year.

Michelle Stephens, R&D Manager for Delivery said, "Horizon scanning for new studies continues, including high recruiting studies which offset our more complex, interventional studies, so that we can not only meet, but exceed target. I have every confidence that we will be able to do this."

## Network news

### NIHR CRN Objectives for 2019-20

The '[Clinical Research Specialty Objectives](#)' and '[High Level Objectives](#)' for 2019/20 have been set by the NIHR Clinical Research Network. Included in the High Level Objectives is the requirement to reduce study set up times and to increase participation in DeNDRoN studies.



Reduce study site set-up times for NIHR CRN Portfolio studies by 5%



Demonstrate to people taking part in health and social care research studies that their contribution is valued



Deliver significant levels of participation in the NIHR CRN Portfolio Dementias and Neurodegeneration (DeNDRoN) studies

## Greater Manchester International Clinical Trials Day celebration



A symposium to showcase the research taking place across Greater Manchester is being held by the NIHR Clinical Research Network Greater Manchester. The symposium will launch the new NIHR campaign, "Be Part of Research".

The ELHT team behind [EMPOWER](#) (Empowering mothers providing options with education and relaxation), will attend to showcase their voyage from the SHIP research study through to the introduction of EMPOWER into clinical practice.

The event will be held at Citylabs in Manchester on 24<sup>th</sup> May. Tickets may be booked [here](#).

## Publications

### PRISM trial

The PRISM trial (Progesterone In Spontaneous Miscarriage) has been reported in the New England Journal of Medicine. The trial was led by Professor Arri Coomarasamy at the University of Birmingham, conducted by Birmingham Clinical Trials Unit and supported by clinical teams at 48 UK hospitals. PRISM was the largest ever trial on threatened pregnancy loss.

4153 women with an ongoing pregnancy and some recent vaginal bleeding, took part in the study and were randomised to progesterone (400mg twice daily) or placebo, taken as vaginal pessaries, until 16 weeks of pregnancy. A 3% difference in live births in the women receiving progesterone wasn't statistically significant ( $p=0.08$ ) but subgroup analysis showed the higher the number of previous miscarriages, the greater the benefit of progesterone in women with early pregnancy bleeding.

Mrs Bhatia, the PRISM study PI at ELHT, where 79 women entered the study, thanked the women's health team, clinical colleagues and ELHT patients for all they'd done to support the study.

Coomarasamy et al. N Engl J Med 2019;380:1815-24. DOI: 10.1056/NEJMoa1813730

## Regulatory news

### New UK local information pack to be introduced on 5<sup>th</sup> June

The new UK Local Information Pack will be introduced on the 5<sup>th</sup> June 2019. The UK Local Information Pack is a set of documents that NHS/HSC (Health and Social Care) organisations will use to formally start preparing to deliver a research study. It will apply across all UK nations.

An **Organisation Information Document** will replace the current **Statement of Activities** and document information common to all participating NHS/HSC organisations undertaking the same activities within a study. The document will be submitted electronically, in outline form, as part of the IRAS application. Subsequently, a localised version will be shared with participating NHS/HSC organisations.

Guidance on the use of the UK Local Information Pack has now been published in [IRAS Help](#). To learn about the changes join a [HRA webinar](#).

## Research training opportunities

### Public reviewing with the National Institute for Health Research

This interactive course, developed for the NIHR by a team of public reviewers and patient and public involvement professionals, is aimed at new and experienced reviewers of health and social care research. The course covers reviewing in all contexts for NIHR research funding programmes. For further information visit [Involve](#).