A current awareness update service from Library and Knowledge Services. If you know anyone who could benefit from receiving this please ask them to sign up by emailing lauren.kay@elht.nhs.uk or library.blackburn@elht.nhs.uk

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**Overview of fears and phobias in children and adolescents**

**Screening tests in children and adolescents**

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**Approach to treating substance use disorder in adolescents**

**Gender development and clinical presentation of gender diversity in children and adolescents**

**Salicylate poisoning in children and adolescents**

**Approach to treating posttraumatic stress disorder in children and adolescents**

**Consent in adolescent health care**

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Social and emotional wellbeing in primary and secondary education
You can now comment on the draft scope on Social and emotional wellbeing in primary and secondary education.

Over a third of local areas in England reduce real terms spending on low level children’s mental health services
Anne Longfield, the Children’s Commissioner for England, has published a report looking at the amount spent on “low-level” mental health support for children in England. “Low-level” mental health services are preventative and early intervention services for treating problems like anxiety and depression or eating disorders, such as support provided by school nurses or counsellors, drop-in centres or online counselling services. These services are vital for offering early help to children suffering from mental health problems and can often prevent conditions developing into much more serious illnesses.

Ask children about social media use, psychiatrists urged
Psychiatrists are being urged to ask children with mental health issues how long they spend online and what they use social media for.

Engaging with all parents and carers booklet launched to school staff
The Anna Freud Centre has launched Supporting mental health and wellbeing in schools: engaging with all parents and carers. This free booklet has been developed by teachers, clinicians and parents and carers, including the Centre’s Parent Champions, to explore a range of innovative ways that schools can help children by successfully engaging with parents and carers. It includes tips as well as case studies that show both parents’ and schools’ perspectives.

MPs call for tax on social media companies to protect young social media users from health harms
The All Party Parliamentary Group on Social Media and Young People’s Mental Health and Wellbeing has published its report on the Group’s Inquiry. Read the report here.

BMJ Best Practice

BMJ Best Practice is a decision-support tool published by the BMJ Group and is a single source of evidence based medicine, which combines the latest research evidence, guidelines and expert opinion — providing essential learning on prevention, diagnosis, treatment and prognosis. BMJ Best Practice is of use to all staff - Doctors, Nurses and Midwives, HCAs, Patients, Volunteers, Admin.

The website also has a CME/CPD activity tracking tool
which logs your searches and active hours and allows users to create activity certificates to support revalidation and CME/CPD.

For references where there is a link to the full text please use your NHS OpenAthens username & password, you can register for an OpenAthens account here

Associations between intimate partner violence profiles and mental health among low-income, urban pregnant adolescents.

Author(s) Thomas, Jordan L.; Lewis, Jessica B.; Martinez, Isabel; Cunningham, Shayna D.; Siddique, sources

Source BMC Pregnancy & Childbirth; Apr 2019; vol. 19 (no. 1)

Publication Date Apr 2019

Association between anxiety and aggression in adolescents: a cross-sectional study.

Author(s) Chung, Jee Eun; Song, Gonjin; Kim, Kitai; Yee, Jeong; Kim, Joo Hee et al.

Source BMC Pediatrics; Apr 2019; vol. 19 (no. 1)

Publication Date Apr 2019

Correlates of physical activity and sedentary behaviour in the Thai population: a systematic review.

Author(s) Liangruenrom, Nucharapon; Craike, Melinda; Biddle, Stuart J. H.; Suttikasem, Kanyapat; Pedisic, Zeljko

Source BMC Public Health; Apr 2019; vol. 19 (no. 1)

Publication Date Apr 2019

New research finds increases in suicidal attempts among younger children.

Author(s) Canady, Valerie A.

Source Mental Health Weekly; Apr 2019; vol. 29 (no. 15); p. 1-3

Language English

Publication Date Apr 2019

Research about the mental health care needs of children and adolescents continues to mount. A new study published April 8 in JAMA Pediatrics has found that suicidal thoughts and suicide attempts are sending more young children to the emergency room.

Evaluating the use of responsive art therapy in an inpatient child and adolescent mental health services unit.

Author(s) Nielsen, Fran; Isobel, Sophie; Starling, Jean

Source Australasian Psychiatry; Apr 2019; vol. 27 (no. 2); p. 165-170

Publication Date Apr 2019

Request this article from the library

Reported Levels of Upset in Youth After Routine Trauma Screening at Mental Health Clinics.

Author(s) Skar, Ane-Marthe Solheim; Ormhaug, Silje Mørup; Jensen, Tine K.
Health-related quality of life and mental health in children and adolescents with strabismus - results of the representative population-based survey KiGGS.

Author(s) Schuster, Alexander K.; Elflein, Heike M.; Pokora, Roman; Schlaud, Martin; Baumgarten, Franz

Source Health & Quality of Life Outcomes; May 2019; vol. 17 (no. 1)

DOI 10.1186/s12955-019-1144-7

A qualitative study exploring school nurses' experiences of safeguarding adolescents.

Author(s) Littler, Nadine

Source British Journal of School Nursing; May 2019; vol. 14 (no. 4); p. 169-176


A theory of youth mental health recovery from a parental perspective.

Author(s) Kelly, Mary; Coughlan, Barry

Source Child & Adolescent Mental Health; May 2019; vol. 24 (no. 2); p. 161-169

DOI 10.1111/camh.12300

Physical activity and mental health in children and adolescents: An updated review of reviews and an analysis of causality.

Author(s) Biddle, Stuart J.H.; Ciaccioni, Simone; Thomas, George; Vergeer, Ineke

Source Psychology of Sport & Exercise; May 2019; vol. 42 ; p. 146-155

DOI 10.1016/j.psychsport.2018.08.011

Young people, mental health and significant loss

Elaine Tabony

British Journal of School Nursing Volume 14, Issue 3 02 Apr 2019

Practice Nursing

Vol. 30, No. 5

Suicide and self-harm: vulnerable children and young people

Maddie Burton

Published Online: 2 May 2019 https://doi.org/10.12968/pnur.2019.30.5.218
Visit our Child and Adolescent Mental Health Knowledge Centre

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To book a session, please contact, Abbas Bismillah, Library and Knowledge Services Manager on ext. 84308 or email abbas.bismillah@elht.nhs.uk
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