

READ CLINICAL PAPERS WITH CONFIDENCE



# Critical Appraisal

## One Day Course

*A comprehensive and practical overview of everything you need to understand and appraise treatment studies.*

*11 November 2015 - 9am to 4.30pm - Lecture Theatre  
Mackenzie Centre, Burnley General Hospital*

The *Critical Appraisal One Day Course* provides a comprehensive overview of everything you need to understand and appraise treatment studies with confidence.

You will be guided through presentations and exercises designed to illustrate key points in randomised controlled trials and meta-analyses. You will test your understanding by completing exercises in the course handout. You will learn to evaluate the methods section for strengths and weaknesses, and be able to extract important data from the results section.

The course offers the opportunity to not only learn how to critically appraise clinical papers but to practice these new skills under supervision.

The course tutor is Dr Gurpal S. Gosall, Consultant Psychiatrist, Royal Blackburn Hospital and author of *"The Doctor's Guide to Critical Appraisal"* (4th edition - 2015, PasTest). The book was the winner at the BMA Medical Book Awards 2012 in the 'Basis of Medicine' category.

## Agenda

### Wednesday 11 November 2015

- 0900 Registration
- 0915 **Research basics**
- 1045 Break
- 1100 **Appraising methods**
- 1230 Break
- 1330 **Understanding results**
- 1530 Break
- 1545 **Systematic reviews and meta-analyses**
- 1630 End

## Reserve your place today!

The course is suitable for all healthcare professionals. You will be provided with the handout and a certificate of attendance (CPD/ CME 6 hours).

To reserve your place, please contact:

Mackenzie Healthcare Library  
Burnley General Hospital  
Casterton Avenue  
Burnley  
BB10 2PQ

External dial : 01282 805078  
Internal dial : 15078  
Email : library.burnley@elht.nhs.uk

### Course topics include

- Types of studies
- Populations and samples
- Sample size and power
- Inclusion and exclusion criteria
- Bias and confounding
- Randomisation and allocation
- Blinding and placebos
- Reliability and validity
- Intention-to-treat analysis
- Incidence and prevalence
- Means, medians, modes
- Null hypothesis and P values
- Type 1 and type 2 errors
- Choosing statistical tests
- Risks and odds
- Numbers needed to treat
- Systematic reviews
- Meta-analyses
- Forest plots and funnel plots
- and more!**

