

## LKS Current Awareness Bulletin Complementary & Alternative Therapies June - August 2019

A current awareness update service from Library and Knowledge Services. If you know anyone who could benefit from receiving this please ask them to sign up by emailing [sarah.glover@elht.nhs.uk](mailto:sarah.glover@elht.nhs.uk) or [library.blackburn@elht.nhs.uk](mailto:library.blackburn@elht.nhs.uk)

SIGN UP TO  
OTHER BULLETINS

### UpToDate<sup>®</sup> What's New

Get clinical answers at the point of care with evidence-based clinical decision support. If you don't know how to use UpToDate please book a training session with the library team.

- [Overview of herbal medicine and dietary supplements](#)
- [Complementary and alternative medicine in paediatrics](#)
- [Complementary and alternative treatments for anxiety symptoms and disorders: Physical, cognitive, and spiritual interventions](#)

To access UpToDate login with your Open Athens account. Register at <https://openathens.nice.org.uk/>.

#### IN THE NEWS

[The birthplace of modern nature healing](#)

[CAM Therapies Evaluated for the Treatment of Clinical Depression](#)

[Geriatric Complementary and Alternative Medicines \(CAM\) Market Report 2019 Examines Size, Share, Tech Update, Application & Global Industry Analysis by 2024](#)

[Digestion-aiding herbs alter gut microbiome](#)



For references where there is a link to the full text please use your NHS Athens username & password to access <https://openathens.nice.org.uk/>

Delaney L J and Manley S J (2019) [Complementary and alternative therapy use in a regional radiation oncology treatment centre: Can staff knowledge, views, confidence and documentation be improved?](#) *Journal of Medical Radiation Sciences*.

Gordon A, Buch Z, Baute V and Coeytaux R (2019) [Use of Ayurveda in the Treatment of Type 2 Diabetes Mellitus](#). *Global Advances in Health and Medicine*. 8 pp.1-6

Ahmed A, Taheer M, Mandal U, Jajri J, Susanti D, Mahmood S, Zakaria Z (2019) [Pharmacological properties of Centella asiaticahydrogel in accelerating wound healing in rabbits](#). *BMC Complementary and Alternative Medicine*. 19 article number: 213

Gupta M and Kaur G (2019) [Withania somnifera \(L.\) Dunal ameliorates neurodegeneration and cognitive impairments associated with systemic inflammation](#). *BMC Complementary and Alternative Medicine*. 19 article number: 217

Yao M, Fan X, Yuan B, Takagi N, Liu S, Han X, Ren J, Liu J (2019) [Berberine inhibits NLRP3 Inflammasome pathway in human triple-negative breast cancer MDA-MB-231 cell](#). *BMC Complementary and Alternative Medicine*. 19 article number: 216

Liu Y, Hsiao C, Tzang B, Hsu T, [In vitro and in vivo effects of traditional Chinese medicine formula T33 in human breast cancer cells](#) *BMC Complementary and Alternative Medicine*. 19 article number: 211

Rodríguez-López E, Garnacho-Garnacho V, Guodemar-Pérez J, García-Fernández P, Ruiz-López M. [One Year of Pilates Training for Ankylosing Spondylitis: A Pilot Study](#). *The Journal of Alternative and Complementary Medicine* [Request this article from the library](#)



## Cochrane Library Latest Reviews

- [Inositol in preterm infants at risk for or having respiratory distress syndrome](#)
- [Singing as an adjunct therapy for children and adults with cystic fibrosis](#)
- [Vitamin D supplementation for women during pregnancy](#)
- [Hypnotherapy for smoking cessation](#)
- [Probiotics for preventing acute otitis media in children](#)
- [Exercise training undertaken by people within 12 months of lung resection for non-small cell lung cancer](#)
- [Melatonin and agomelatine for preventing seasonal affective disorder](#)
- [Interventions for smoking cessation in people diagnosed with lung cancer](#)

For a full list of all books we hold on Complementary and Alternative Therapies click [here](#)

## BMJ Learning

ELHT Library has subscribed to BMJ Learning for all staff and students. BMJ Learning provides continuing medical education that is high-quality, evidence-based and covers clinical topic, professional skills and career development.



- Support your CPD/Revalidation/Portfolio
- 100s online courses to choose from
- Course duration from 30 minutes to 1 hour
- Obtain valuable CME/CPD points

[learning.bmj.com](http://learning.bmj.com)  
Sign in with Open Athens

BMJ Learning is an e-learning platform for healthcare students and professionals, providing free high-quality, evidence-based learning modules.

You will need an [ELHT OpenAthens](#) account to access BMJ Learning.

If you don't know how to use BMJ Learning, then please book a training session with [Abbas Bismillah](#) (Head of Library and Knowledge Services).

We hope this bulletin is useful. Our Head of Service is keen to promote our services at your team meetings/huddles. If you feel that this would be useful, then please contact:

**Abbas Bismillah**  
Head of Library and Knowledge Services  
ELHT Library & Knowledge Services  
Email: [abbas.bismillah@elht.nhs.uk](mailto:abbas.bismillah@elht.nhs.uk)  
01254 734308 (Ext: 84308)

## Library and Knowledge Services Team



**Abbas Bismillah**  
Head of Library & Knowledge Services  
[abbas.bismillah@elht.nhs.uk](mailto:abbas.bismillah@elht.nhs.uk)  
01254 734308 or Ext. 84308

**Clare Morton**  
Library Operational Services Manager  
[clare.morton@elht.nhs.uk](mailto:clare.morton@elht.nhs.uk)  
01254 734066 or Ext. 84066  
01282 804073 or Ext. 14073

**Judith Aquino**  
E-Resources Librarian  
[judith.aquino@elht.nhs.uk](mailto:judith.aquino@elht.nhs.uk)  
01282 804073 or Ext.14073  
01254 732813 or Ext. 82813

**Sarah Glover**  
Library Services Officer

**Lauren Kay**  
Library Services Officer

**Charlotte Holden**  
Library Services Officer

[library.blackburn@elht.nhs.uk](mailto:library.blackburn@elht.nhs.uk)  
01254 734312 or Ext. 84312  
[library.burnley@elht.nhs.uk](mailto:library.burnley@elht.nhs.uk)  
01282 803114 or Ext. 13114

*Did you know...that we have staff who can help support you in finding the evidence for **General Interest and Personal Development**, **Research or Assignments**, **Education and Training**, **Evidence Based Practice for Patient Care**, **Service Management**, **Up-to-date Protocols and Guidelines**. **If you require a literature search, then please do ask us. We can save you the time. Please share with your colleagues.***

**Disclaimer: The Library cannot guarantee the correctness or completeness of the information in this bulletin. The information is subject to change and we cannot guarantee it will remain up-to-date. It is your responsibility to check the accuracy and validity of the information.**