

## Asylum Seekers and Refugees October - December 2019

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Kind regards

*Abbas*

**Abbas Bismillah**

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**NHS entitlements: migrant health guide**

Source: [Public Health England - PHE](#) - Source: [GOV UK](#) - 19 December 2019

Advice and guidance for healthcare practitioners on the health needs of migrant patients.

**Tuberculosis: information for prison and immigration removal centre staff**

Source: [Public Health England - PHE](#) - Source: [GOV UK](#) - 17 December 2019

Advice for non-healthcare staff who work in UK prisons and immigration removal centres on identifying and handling TB cases.

**Experience of and access to maternity care in the UK by immigrant women: a narrative synthesis systematic review.**

Source: [PubMed](#) - 31 December 2019 - Publisher: [BMJ open](#)

**Measuring labour mobility and migration using big data**

Source: [RAND Europe](#) - 12 December 2019 - Publisher: [RAND Europe](#)

Exploring the potential of social-media data for measuring EU mobility flows and stocks of EU movers

### Female Genital Mutilation

Source: [Royal College of Nursing - RCN](#) - 10 December 2019

### Social work and homelessness

Source: [Social Care Collection](#) - 08 November 2019 - Publisher: Northern Ireland. Department of Health. Office of Social Services

### State of hunger: a study of poverty and food insecurity in the UK

Source: [Social Care Collection](#) - 01 November 2019 - Publisher: The Trussell Trust

### Humanitarian migrant women's experiences of maternity care in Nordic countries: A systematic integrative review of qualitative research.

Source: [PubMed](#) - 31 October 2019 - Publisher: Midwifery

Qualification programmes for immigrant health professionals: A systematic review. Source: [PubMed](#) - 15 November 2019 - Publisher: PloS one

### FS25: Returning from abroad

Source: [Age UK](#) - 13 November 2019



For references where there is a link to the full text, you may need to use your NHS Athens username & password to access <https://openathens.nice.org.uk/>

### Assessing the special need for protection of vulnerable refugees: testing the applicability of a screening method (RHS-15) to detect traumatic disorders in a refugee sample in Germany.

**Author(s):** Stingl, Markus; Knipper, Michael; Hetzger, Björge; Richards, Jessica; Yazgan, Bülent; Gallhofer, Bernd; Hanewald, Bernd

**Source:** Ethnicity & Health; Nov 2019; vol. 24 (no. 8); p. 897-908

**Publication Date:** Nov 2019

**Publication Type(s):** Academic Journal

Available at [Ethnicity & Health](#) - from Unpaywall

**Abstract:** Objectives: Although EU member states are obligated to take special account of the situation of particularly vulnerable refugees, appropriate and specific measures to detect affected asylum seekers are not yet available. This study tries to pave the way for the implementation of an adequate instrument which at the same time assesses these needs of suffering people whilst responding to the need for mental health assessments specifically designed for refugees. This was done by testing the implementation of a screening method (Refugee Health Screener RHS-15) for trauma related mental health problems in refugees. Design: Two refugee samples in Germany (differing in arrival time: 126 applicants for asylum residing in the initial reception center and 116 living in long term communal accommodations) were assessed with the culturally sensitive Refugee Health Screener (RHS-15) to detect the incidence of mental health problems amongst them. Test fairness, reasonableness, susceptibility, transparency, acceptance, external design, utility and economy of the instrument were examined to check the applicability of the RHS-15 standardization test. Results: The RHS-15 indicates a good practical feasibility as the examination of the focused psychometric characteristics suggests. It became apparent, that implementing a screening procedure depends on political, legal and medical context factors that need to be considered. 2/3 of the participants had a positive screening result, which needs further diagnostic clarification in a second step. Conclusion: The RHS-15 seems to be practicable, economical, and rapidly deployable for the widespread detection of traumatic disorders in refugees living in Europe. The tool proved useful to aid diagnostic assessments and

provide treatment to individuals in need, however the time of examination (resp. the duration of staying in the target land) influences the results.

**Database:** CINAHL

**Medicalising policy problems: the mental health needs of unaccompanied migrant young people.**

**Author(s):** Chase, Elaine; Rezaie, Habib; Zada, Gul

**Source:** Lancet; Oct 2019; vol. 394 (no. 10206); p. 1305-1307

**Publication Date:** Oct 2019

**Publication Type(s):** Academic Journal

**PubMedID:** NLM31609214

Available at [The Lancet](#) - from ProQuest (Health Research Premium) - NHS Version

**Abstract:** Children migrating alone have become a global phenomenon, with more than 300 000 unaccompanied children identified across 80 countries in 2016.[1] The number of applications for asylum from unaccompanied children and young people arriving in the UK varies each year, but in 2018 there were 2872 such applications.[2] Many more applications are made in other countries in Europe,[3] while an unknown number of unaccompanied children arrive without ever making an asylum claim.[4] Research has shown the adverse impacts of migration on the mental health of children and young people[[5]] and the difficulties in identifying and appropriately responding to their mental health needs.[7] However, less attention has been given to how post-migration stressors also adversely affect these young people's mental health.[[8]] There are clear opportunities for widening primary care and public health practice in ways that could be more conducive, or add value, to the promotion of migrant young people's mental health and wellbeing.

**Database:** CINAHL

**A systematic review of psychosocial interventions for adult refugees and asylum seekers.**

**Author(s):** Tribe, Rachel H.; Sendt, Kyra-Verena; Tracy, Derek K.

**Source:** Journal of Mental Health; Dec 2019; vol. 28 (no. 6); p. 662-676

**Publication Date:** Dec 2019

**Publication Type(s):** Academic Journal

**Abstract:** Background: Europe is in the midst of the largest refugee migration since the Second World War; there is an urgent need to provide an updated systematic review of the current best evidence for managing mental distress in refugee populations. Aims: The aim of this review is to provide an exhaustive summary of the current literature on psychosocial interventions, both trauma- and non-trauma-focused, for refugee populations experiencing post-traumatic stress disorder (PTSD), depressive or anxiety symptoms. To produce recommendations for future research and current clinical practice. Method: Searches were conducted in PubMed, PsychINFO (Hosted by Ovid), PILOTS and Social Services Abstracts; 5305 articles were screened and 40 were included. Results: This review found medium to high quality evidence supporting the use of narrative exposure therapy (NET). A lack of culturally adapted treatments was apparent and there was less evidence to support standard cognitive behavioural therapy (CBT), Eye Movement Desensitisation and Reprocessing (EMDR) and multidisciplinary treatments. Conclusion: NET produced positive outcomes in refugees from a diverse range of backgrounds and trauma types. There is a general dearth of research in all intervention types: further research should include more "real-world" multidisciplinary interventions that better model clinical practice. Recommendations for evaluating local need, and creating a culturally sensitive workforce are discussed.

**Database:** CINAHL

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**Using a mobile application to detect health needs among children and adolescents who are newly arrived migrants in Europe.**

**Author(s):** Rath, B; Swenshon, S; Haase, K; Szeles, T; Jung, C; Jacobi, F; Myles, P

**Source:** Journal of Public Health; Dec 2019; vol. 41 (no. 4); p. 840-849

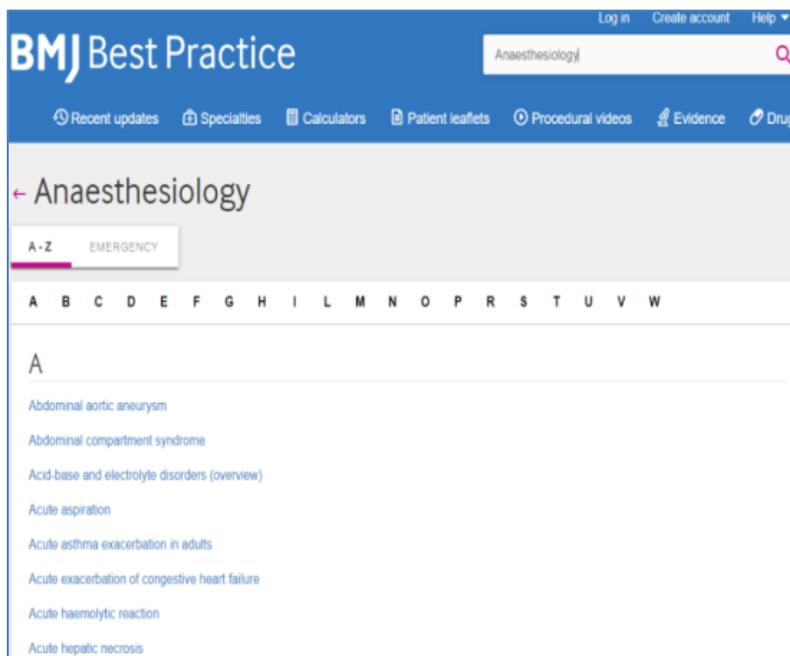
**Publication Date:** Dec 2019

**Publication Type(s):** Academic Journal

**Abstract:** Background Unprecedented numbers of migrants have arrived in Europe, including children and adolescents. Little is known about their unique health needs. Prospective data collection has been sparse. Mobile applications may help to facilitate global health surveillance. Methods A pre-validated survey instrument was converted into a mobile application covering self-reported exposures and disruptions of healthcare before/during migration, communicable and non-communicable diseases. Participation was voluntary, anonymous and confidential. Results Data were obtained from 405 migrant children and adolescents in Berlin, Germany, between 7 October 2015 and 15 March 2016 (median age 19 years, range: 1–24; 80.7% males) with the majority from Syria (62.5%), Afghanistan (9.1%) and Iraq (8.2%). In total, 55% were without family, 64% registered asylum-seekers with access to healthcare; 54% had seen a doctor since arrival, with colds or respiratory complaints (37.5 and 13.6%), followed by pain (26.7%) gastrointestinal (12.4%) and skin problems (11.1%). Underlying conditions were reported in 15.6%, predominantly asthma. Overall, 73% reported being up-to date on immunizations, but only 22% held a vaccination record with 46.4% having lost it during migration. Conclusions The lack of medical and immunization records among newly arrived migrants provides a challenge to healthcare systems. Mobile applications offer rapid screening tools in times of crisis, helping stakeholders with timely information.

**Database:** CINAHL

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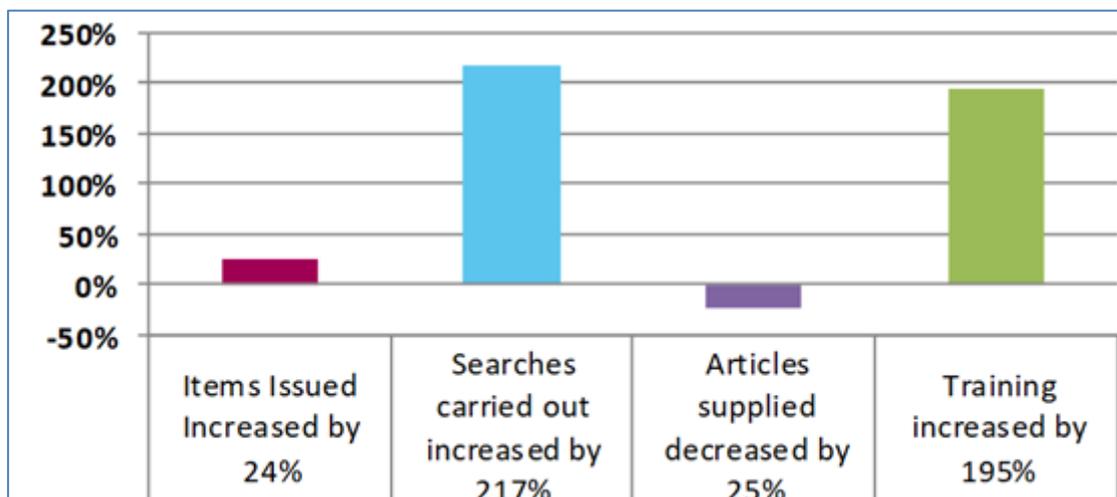
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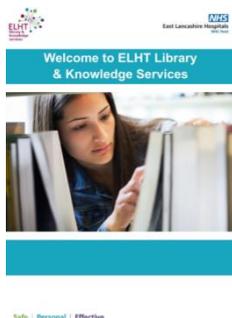
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