

LKS Current Awareness Bulletin

Bereavement November - December 2019

A current awareness update service from Library and Knowledge Services. If you know anyone who could benefit from receiving this please ask them to sign up by emailing abbas.bismillah@elht.nhs.uk or library.blackburn@elht.nhs.uk

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OTHER BULLETINS](#)

We hope this bulletin is useful. We are keen to promote our services at your team meetings/huddles. If you feel that this would be useful, then please contact me to arrange a brief induction to how we can support you in education and training, researching for information, literature support, critical appraisal skills, free article requests, social media training (learn to Tweet!) and much much more.

Kind regards

Abbas

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Palliative and end of life care

Information and resources for health and social care professionals to improve the quality of services and reduce inequalities in care.

From: Public Health England

Updated: 31 December 2019

Palliative and end of life care profiles: November 2019 data update

The profiles provide an overview of palliative and end of life care in England at various geographies.

From: Public Health England

Updated: 5 November 2019

[Association of Hospice and Palliative Care Chaplains](#)

[Association for Palliative Medicine of Great Britain and Ireland](#)

[Gold Standards Framework](#)

[Macmillan Cancer Support](#)

[Patients' Association](#)



[Child Bereavement UK](#) supports families and educates professionals both when a baby or child of any age dies or is dying, and when a child is facing bereavement.



Login via NHS Athens username & password to access
<https://openathens.nice.org.uk/>

[Death and dying in the community in 2020: what's different?](#)

Brian Nyatanga

British Journal of Community Nursing Volume 25, Issue 1 24 Dec 2019

The start of a new year is a reminder of the challenges and successes of palliative caring in the previous one. While the NHS has had its fair share of challenges in 2019, from staff shortages to patients not being seen within the prescribed waiting times, when care was given, it was still the best possible. This reflects the dedication and commitment of health professionals providing a positive patient experience. Palliative care in the community seemed to have some successes, with some ambulance students I teach assuring me that they do not always rush patients to hospital each time they are called out to their homes. Thus, different services, such as ambulances, GPs and pharmacies, now provide community-based care, and they seem to appreciate the fundamentals of palliative care. Community nurses' support for patients within the home helps families stay together with the dying patient, and, as a result, ensures that the dying process occurs with dignity and respect—all of which helps with the process of bereavement.

[Raising the bar: development of a perinatal bereavement programme](#)

Sue E Steen

International Journal of Palliative Nursing Volume 25, Issue 12 02 Dec 2019

Abstract

The care a family receives at the time of perinatal loss can have a significant and lasting impact, hence it is important for healthcare providers to offer quality care that will meet the family's needs. Our hospital embarked on a journey to develop a perinatal bereavement programme that would give compassionate and excellent care to all families who experienced perinatal loss at any time during their pregnancy. Components of our bereavement programme include leadership, administrative and financial support, communication, well-educated and supported staff, and a process for individualised care. A perinatal bereavement programme can help institutions, large or small, to provide quality care for bereaved families and help them through this difficult experience. The purpose of this article is to discuss hospital-wide bereavement care, both on a large scale, detailing the specifics of programme development, and on a smaller scale, individualised care for families.

[Breast milk donation and bereavement](#)

George F. Winter

British Journal of Midwifery Volume 27, Issue 11 02 Nov 2019

Abstract

The decision about whether to donate breast milk after the death of an infant can be a challenging one for a mother to make. George F Winter explores this as a method for healing

Choosing to donate breast milk can be a coping mechanism for grieving mothers

According to the Office of National Statistics (2019), 2 636 infant deaths (aged under one year) occurred in England and Wales in 2017, and one can assume that almost all of these cases were accompanied by

overwhelming parental and extended family grief. In a Spanish study of parents who had experienced gestational loss, Martínez-Serrano et al (2019) found that parents failed to recognise their loss and parenthood; that the midwife was the highest valued professional; and that parents 'referred to in-hospital logistic barriers that complicated the process, as well as the fact that these births occurred in the same place where healthy deliveries were attended'.

['Bravely Bust the Taboo': Promoting grief awareness](#)

Linda Magistris

British Journal of School Nursing Volume 14, Issue 9 02 Nov 2019

Abstract

This year, The Good Grief Trust is driving the launch of Grief Awareness Week. **Linda Magistris** explains the aims behind the charity and the event.

My father died 19 years ago, but although he was my rock and I adored him, it was not until I lost my partner Graham, having been together for 8 years, that I really experienced the full impact that a bereavement can have on your physical and psychological wellbeing.

[Achieving global palliative care communities](#)

Brian Nyatanga

International Journal of Palliative Nursing Volume 25, Issue 1102 Nov 2019

The ideal of palliative care communities is not new, but perhaps its implementation needs closer scrutiny with the aim of making it visible at a global level. For example, *Ambitions for palliative and end of life care* (National Palliative and End of Life Care Partnership, 2015), sets out six positive ambitions for palliative and end-of-life care, the sixth of which outlines the significance of encouraging and supporting communities to be part of the palliative care delivery mechanism that supports a dying person and all those who are important to that person. The idea of all communities being involved is persuasive when we accept that death and bereavement are not only the business of healthcare professionals (HCP), but that they affect everyone close to the dying person and the communities in which they live. Indeed, there are some necessary ingredients to realise this ambition including, but not limited to, the following: public awareness, compassion and resilience, and volunteers.

[Exploring the experience of returning to work after personal bereavement](#)

Elizabeth Reed, Melanie Waghorn, Amanda Gregory, Jo Vriens, Emily Sills, Jennifer Todd

International Journal of Palliative Nursing Volume 25, Issue 1102 Nov 2019

Abstract

Background: The ability of nurses with experience of personal bereavement to work with patients can have immediate and/or long-term repercussions on their personal and professional life.

Aims: To explore the experience of a personal bereavement, through the death of a significant relative or friend, for nurses working in palliative care.

BMJ Learning

ELHT Library has subscribed to BMJ Learning for all staff and students @ ELHT. BMJ Learning provides continuing medical education that is high-quality, evidence-based and covers clinical topics, professional skills and career



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learning.bmj.com
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Have you heard of BMJ Learning? Do you know how to register? Do you need help finding courses?

Free training sessions on BMJ Learning to all staff and students at East Lancashire Hospitals.

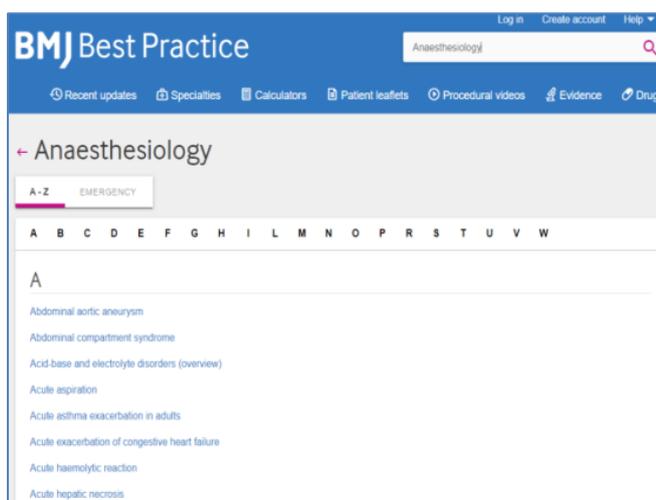
We will show you how to register and find eLearning courses relevant to you. These courses can be counted towards your CPD and you will receive a certificate of completion.

How to Book Please contact abbas.bismillah@elht.nhs.uk Head of Library and Knowledge Services (Ext. 84308) to arrange a time or email library.blackburn@elht.nhs.uk

We will be provide tea, coffee and biscuits too 😊



Login via NHS Athens username & password to access <https://openathens.nice.org.uk/>



BMJ Best Practice is a decision-support tool published by the BMJ Group and is a single source of evidence based medicine, which combines the latest research evidence, guidelines and expert opinion – providing essential learning on prevention, diagnosis, treatment and prognosis. BMJ Best Practice is of use to all staff - Doctors, Nurses and Midwives, HCAs, Patients, Volunteers, Admin. The website also has a CME/CPD activity tracking tool which logs your searches and active hours and allows users to create activity certificates to support revalidation and CME/CPD

Reflective Reading Club

This is how the Reflective Reading Club works:

Individual Learning – 1.5 hours CPD

1. You let us know you are interested.
2. We send you a short journal article and a small checklist of points to consider when reading it. Make notes as you read the paper in your own time and this earns you one and a half hours CPD time!

Participatory Learning – 1.5 hours CPD

Our meetings takes just 1.5 hours

3. We meet for the club and discuss the article in a small group, reflecting on points whilst working our way through the checklist.

Participate in both sessions will count for a total of 3 CPD hours!

<https://twitter.com/beckystanworth1/status/1178709749409419264?s=20>

Contact us at library.blackburn@elht.nhs.uk

01254 734312 or Ext. 84312

Come and join our Reflective Reading Club which will provide attendees with 3 hours of valuable CPD! It will give healthcare staff the opportunity to read, discuss and to critically reflect upon a published paper using a set of guided questions. Participants are required to read a pre-set paper prior to attending the session.

Learn to Tweet



Social Media Training at East Lancs Hospitals NHS Trust Library
Services for staff and students

To Tweet or not to Tweet! Here are just some of the reasons why you may want to consider how to use Twitter. We can help. Book with the library staff Library.Blackburn@elht.nhs.uk

- Let us show you how to promote all the amazing things that you and your teams do for patient care.
- Let us show you how you and your teams can keep up-to-date
- Let us show you how you and your teams can network, regionally, nationally and internationally
- Let us show you how you and your teams can learn from others too.

Follow us on twitter

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*Did you know... that we have staff who can help support you in finding the evidence for **General Interest and Personal Development, Writing for Publication and Presentation, Research or Assignment, Education and Training, Evidence Based Practice for Patient Care, Service Management, Up-to-date Protocols and Guidelines.** If you require a literature search, then please do ask us. We can save you the time. Please share with your colleagues.*

Disclaimer: The Library cannot guarantee the correctness or completeness of the information in this bulletin. The information is subject to change and we cannot guarantee it will remain up-to-date. It is your responsibility to check the accuracy and validity of the information.

Library and Knowledge Services Team

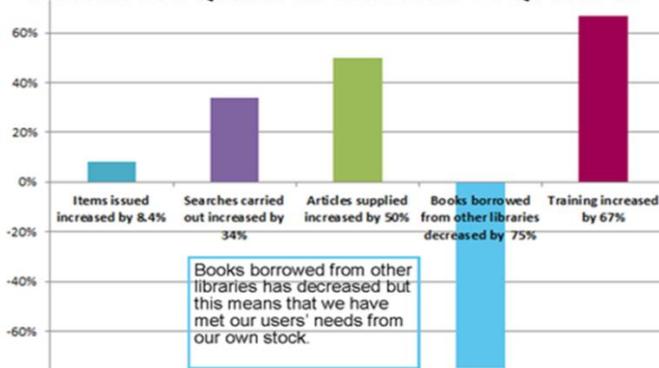
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This is a good library service. In 2018/19 our Library was accredited as 92% compliant in the Library Quality Assurance Framework (LQAF)

Please visit our website for more information



PERFORMANCE FOR ELHT LIBRARY AND KNOWLEDGE SERVICES FOR Q2 2019-20 COMPARED TO Q2 2018-19



Performance Indicators – In Q2, we have increased delivery on many of our training programmes. This includes literature searches and our social media training. To ensure that these programmes are of benefit to the learner, we have implemented a range of tools to measure the quality and the impact of what we do. For example, our learners tell us that ***our library induction is the best induction that they have ever had at any Trust (FY2s).*** In

addition to this, our social media training questionnaire has received very favourable comments, including ***“the training received has been brilliant and I can’t wait to use this to promote all the things that we do”.***

Education @ELHT is produced every two months and it highlights all the wonderful work that the department does. Our **Library Guide** highlights all the services that we offer. Click on the Bulletin or Guide and find out more about how we can support you, whether you are staff, student, or volunteers.



Education @ ELHT News

December 2019

Welcome to ELHT Library & Knowledge Services



IN THIS ISSUE

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Multiple Mini Interview
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